

PUBLIC WATER SUPPLY QUALITY ISSUES

Potential Contamination and Disease

I. INTRODUCTION

Formaldehyde is a poison that is often found in our public water supply. "Why" you may ask, one reason, ASPARTAME. This purported S.F.C (Safe for Consumption) item actually converts into formaldehyde at exposures of over 90-degree temperatures, at any stage of consumption and even during the excretory process. For example, look inside the cabinets of your pantry now and you will find aspartame which is the root derivative of this problem and is a chemical poison. Therefore, you will find that what the F.D.A. designates as S.F.C is also the primary chemical component of what is known as the drug P.C.P. this drug has many names and the street monikers are "Zudabang," "Wet" and even "Water." This is liquefied "Angel Dust" that is introduced into our body causing a multitude of problematic issues such as promulgation of psychosis, bi-polarity and hearing voices, you name it; if it is in the American Psychiatric Association's "DIAGNOSTIC MANUAL," then it is within the scope of what this supposed (S.F.C) poison will cause.

II. POTENTIAL CONTAMINATION OF PUBLIC WATER SUPPLY

I have lived in seven different locations in the last 10 years and can attest that this is a growing problem in the world right now and its prevalence is becoming worse. Arriving in one location two years ago, I had a clogged sink and yet after some plumbing cleanup and restoration of the pipes, the water still remained the

color and consistency of soup and drainage was still a problem. I realized then that the issue was with the water supply and not the plumbing, especially since I had come across this problem at other locations.

III. HOW DOES THIS AFFECT ME PERSONALLY

Most public water supplies use "Water Distribution Towers." I believe that chemicals are probably introduced during the weekends, or at night and that some of those chemicals will have a tendency to find their way to the bottom of the tank due to their heavier consistency than the water itself. Therefore, if someone is having reactions of psychosis exhibited at night and not during the day, this is the reason why. The popular magazine "Life Extension" recently published an article on this topic and yet did not address the actual gravity of this situation.

IV. HOW TO ADDRESS THE ISSUE

I grew up around individuals who were part of the filtration industry and have actually litigated this matter in the past personally, since I have personally felt the adverse psychological effects of contaminated water. Therefore, this comes from personal experience. I have also completed naturopathic studies in 2017 and continue my research and development studies on mental health treatment through natural health means. This path of study and experiences, has convinced me to take the approach, that most adverse health issues have an 'environmental' origin, rather than an actual neural or cognitive origin.

My premise is that upon exposure to contaminated water that we drink, wash and bathe in, we will experience negative cognitive issues. This brings about the realization that the solution is not one of taking another prescription pill, for what ails you, but rather to look at environment issues such as potential contamination of our water supply. Changing filters on our water supply, would seem to have little effect on this matter, since the source of the public water supply may be the actual water tower itself. Therefore, the importance of a continuous recirculation and filtration system inside water storage tanks would attempt to prevent

exposure of the public from so-called 'bottom feeder' type contamination. In other words, when chemicals are introduced, potentially at night-time (and/or) on weekends, then internal systems that are continuously in motion, would attempt to contain the public exposure to those chemicals. Rural areas, smaller towns and private well users would be affected more greatly than urban areas since the urban areas would potentially afford and have available larger and more sophisticated equipment. What would also potentially affect water quality is the recycling of sewage and how safely it is treated.

V. ADVANCE USAGE OF TITLE FIVE ADMINISTRATION CODE SECTION 706.

Some people believe that they have little recourse when dealing with the federal agencies when in fact they do. If one will study the law, they will find that there is recourse through the law.

Title 5 United States code, offers an avenue that is not spoken of often, nor even addressed in its own litigation books. It is called "PETITION FOR JUDICIAL REVIEW." Should one bring evidence to the FDA that one of their 'S.F.C.' items is contaminating the public, all it takes is one filing under this petition for the courts to address that matter. By suing the agency, you are forcing its 'action.'

Looking at "Jurisdiction" in the "FEDERAL COURT OF APPEALS MANUAL," you will find that this petition needs to be filed with the Appellate Court in the jurisdiction section of your location. For example, if you are from North Pennsylvania, then you may file in the 2nd Circuit; New York; 1st Circuit Court of Appeals.

This is where David becomes Goliath. One man. One Petition.

VI. EFFECTS OF WATER CONTAMINATION ON THE LIVER

The effects of potential water contamination would mimic taking street drugs and could be sitting in your water supply tank. Its effects would be, not only toxic to your cognition, but would also stress your liver since this is what filters out all toxic elements from your body. Therefore, be sure to check your latest blood

tests for elevated bilirubin, which may be caused by a potential water contamination issue.

VII. EFFECTS OF WATER CONTAMINATION ON THE KIDNEYS

Check also "B.U.N" (Urea/Nitrogen ratio) elevation in your blood tests, which can also be affected by potential water contamination.

VIII. SCYLLA AND CHARYBDIS¹

Sometimes the solution to a physical problem is drinking more water to flush out what may be causing a back-up in your body's 'internal system;' however, this would have an adverse effect, should the water you drink be potentially contaminated which may expose you to psychosis, sometimes even actually hearing voices and other adverse effects. Thus, the proverbial "soak-in-the-tub" may bring on cognitive 'discombobulation.' Normally though, if the physical distress does not originate from water contamination then drinking 12 to 15 cups of water on a daily basis, will help clear any potential kidneys and liver distress.

IX. HALIDES

Bromide, Fluoride, Chloride, Chlorine, Astatine.... are all called 'halides,' and Iodine is part of this scientific genus as well. Like brothers and sisters these related materials all 'compete' for absorption into the thyroid. The primary items will all cause your thyroid to potentially develop a goiter or nodules. No matter whether you can feel them on your neck, the slightest alteration will affect how you think, how your heart functions and how your entire body functions actually. No function will be left untouched and the fact is that most of the preliminary items listed have no place in water. What is worse is the fact that table salt will compete with iodine absorption. Sodium Chloride is mostly what processed salt lists as. Sodium Aluminum Silicate is poisonous as well. Toxic metal aluminum in salt and food should be illegal or we should all raise up and file title S petitions for proverbial review.

¹ Scylla and Charybdis is an idiom for "having to choose between two evils"

X. DIOXINS

This has been another prevalent substance that will be found in public water supplies as well and will also cause the thyroidal “butterfly” to swell up in reaction and the reason that it does so is to combat toxic substances. Therefore, if one has a goiter, it is normally due to being bombarded with some form of toxic substance. (See “The Thyroid and its Diseases” by Dr. Leslie DeGroot. et al – Note also that this book is one of the most comprehensive books that one can find on the subject of the thyroid altogether.)

XI. CONCLUSION

I will conclude that fluoride has a multitude of names along with chloride so beware of any derivative nomenclatures as well.

I will also conclude that like David can become Goliath, so to speak, when we remove halides from our public drinking water along with a multitude of other contaminants such as preservatives used in preservation of processed foods, then our thyroid function will drastically improve as we also unlock the pineal gland.

Increasing metabolism without becoming hyper-thyroid is entirely possible. All it takes is removal of halides and we can then function according to our God given internal chemical balance. We can see a new light in the horizon from vastly improved metabolism due to improved functioning of our gastrointestinal system, cardiac system and the rest of our internal function. All this is brought about due to the tiny little ‘butterfly’ looking gland called the thyroid, and is found right next to our Adam’s apple. In turn our minds will be free as well from the vast propagation of purported chronic conditions.

Therefore, when we decide to empower ourselves with self-discovery and self-improvement concerning our own health, we become part of our own recovery process; rather than accept ‘blindly’ from a medical doctor who propagates the notion that the solution for every ailment is to ‘take a pill for this’ or ‘a pill for that’, is the answer for all of our health problem.

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This is what a naturopath will do for you instead. They will empower you to do your own research and provide educational material for you to consider and together you will discover more about how your body functions and seek to find solutions to those problems rather than 'band aid' type health services. A condition is a 'warning' from your body that you should seriously consider changes in your lifestyle, such as improved 'dietary' habits; increased physical activity and use of weights for strength training exercises. Also, consider vitamin supplementation, plus meditation and yoga for emotional balance and flexibility and so much more, that you can discover in your journey of self-healing.

Once you get fed up with spending half your time and money on the medical healthcare establishment, you may wish to learn how to become more pro-active in your own healthcare. Find out what toxic chemicals are found in your environment such as your public water supply and then become an advocate for better water quality in your hometown. Remember this issue of quality water supply affects how you think, how your metabolism operates, how too it could negatively affect your children. You ensure that your children have a proper education so why would you not ensure that the 'water' that your family drinks, bathes in and cooks with, is also of the best quality and will not be affecting their metabolism and general health?

Aspartame is used to sweeten the food that we eat, sweeten drinks that we ingest and is in a lot of cheap and store-bought items that contain sweeteners; and yet, it can be very dangerous since when exposed to heat it converts to formaldehyde which the base chemical compound for the street drug P.C. P. Tragically, the FDA has approved this product Aspartame because it has not been converted yet and thus caused the public to be exposed to potential contamination from a product that should actually be banned.

Finally, this article is about more than water, it is about searching and finding the light and while it is said, "ignorance is bliss," when searching for the light of knowledge you will find out how easily the public can be deceived or inadvertently poisoned. So, now that you have been enlightened you must personally decide what action you will take to help yourself, your family and your community. For myself it took having experienced chemical poisoning to become

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more proactive in my health and wanting to impart some of the knowledge that I have gained in order to help others with their healthcare and lifestyle choices.

You must now decide what action, if any, you will take; to ensure that the food you and your family eats and the water that you cook and bathe in is the safest you can provide. This new knowledge may even help you understand or locate the source of a mental or physical imbalance you or a family member may be experiencing. I hope your journey of self-discovery begins today.

No matter what the circumstance you find yourself in, this article is meant to be thought provoking and to inspire action towards our many abundant resources that seem benign and yet are compromised right in front of our eyes. So, it is time to stand up and at the very least become self-educated about the safety and hazards of our environment as well as our food and water supply.

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The Great Plains Laboratory, Inc.

LAB#: H191102-2166-1
 PATIENT: Barry Patrick Emmett
 SEX: Male
 DOB: 12/27/1976 AGE: 42
 CLIENT#: 24510

Toxic & Essential Elements; Hair

TOXIC METALS				
		RESULT µg/g	REFERENCE INTERVAL	PERCENTILE 68 th 95 th
Aluminum	(Al)	15	< 7.0	
Antimony	(Sb)	0.34	< 0.066	
Arsenic	(As)	0.12	< 0.080	
Barium	(Ba)	1.3	< 1.0	
Beryllium	(Be)	< 0.01	< 0.020	
Bismuth	(Bi)	0.003	< 2.0	
Cadmium	(Cd)	0.089	< 0.065	
Lead	(Pb)	0.13	< 0.80	
Mercury	(Hg)	0.49	< 0.80	
Platinum	(Pt)	< 0.003	< 0.005	
Thallium	(Tl)	< 0.001	< 0.002	
Thorium	(Th)	0.001	< 0.002	
Uranium	(U)	0.003	< 0.060	
Nickel	(Ni)	0.08	< 0.20	
Silver	(Ag)	0.01	< 0.08	
Tin	(Sn)	0.07	< 0.30	
Titanium	(Ti)	15	< 0.60	
Total Toxic Representation				

ESSENTIAL AND OTHER ELEMENTS				
		RESULT µg/g	REFERENCE INTERVAL	PERCENTILE 2.5 th 16 th 50 th 84 th 97.5 th
Calcium	(Ca)	998	200- 750	
Magnesium	(Mg)	120	25- 75	
Sodium	(Na)	1200	20- 180	
Potassium	(K)	220	9- 80	
Copper	(Cu)	22	11- 30	
Zinc	(Zn)	160	130- 200	
Manganese	(Mn)	0.86	0.08- 0.50	
Chromium	(Cr)	0.53	0.40- 0.70	
Vanadium	(V)	0.051	0.018- 0.065	
Molybdenum	(Mo)	0.041	0.025- 0.060	
Boron	(B)	20	0.40- 3.0	
Iodine	(I)	1.6	0.25- 1.8	
Lithium	(Li)	0.038	0.007- 0.020	
Phosphorus	(P)	269	150- 220	
Selenium	(Se)	1.2	0.70- 1.2	
Strontium	(Sr)	1.5	0.30- 3.5	
Sulfur	(S)	42200	44000- 50000	
Cobalt	(Co)	0.040	0.004- 0.020	
Iron	(Fe)	74	7.0- 16	
Germanium	(Ge)	0.038	0.030- 0.040	
Rubidium	(Rb)	0.21	0.011- 0.12	
Zirconium	(Zr)	1.4	0.020- 0.44	

SPECIMEN DATA		RATIOS		
COMMENTS:		ELEMENTS	RATIOS	RANGE
Date Collected: 08/25/2019	Sample Size: 0.198 g	Ca/Mg	8.32	4- 30
Date Received: 11/02/2019	Sample Type: Head	Ca/P	3.71	0.8- 8
Date Reported: 11/05/2019	Hair Color:	Na/K	5.45	0.5- 10
Methodology: ICP/MS	Treatment:	Zn/Cu	7.27	4- 20
	Shampoo:	Zn/Cd	> 999	> 800